





### REVIVE

57 SPA An East-meets-West wellness retreat has sprouted in Water Mill.

62 BEAUTY Dr. Macrene Alexiades of 37 Actives shares her beauty boosters.

63 WELLNESS Herbalist Maggie Harrsen encourages healing from within. 64 FITNESS Equinox's hotel offers a host of wellness amenities.

66 WELLNESS Glow Water brews CBD-infused tea in Sag Harbor.

#### INDULGE

85 FOOD NEWS The staff of the Bridgehampton Inn & Restaurant and Loaves & Fishes debuts a new cookbook.

88 LOCAL EATS Amber Waves Farm chef Jack Formica promotes a farmfresh, plant-based diet.

#### ON THE SCENE

90 Car enthusiasts flock to The Bridge; All Star Code hosts its star-studded East Hampton gala; LongHouse Reserve holds a benefit at Hearst Tower; and more.

## LOCAL CHARACTER

95 Hannah Bronfman opens up about her new book, Do What Feels Good: Recipes, Remedies, and Routines to Treat Your Body Righs.

8 | Budc. | The Real Estate Issue 2019 | relibeachmagazine.com



# on the scene













THIRD ANNUAL THE BRIDGE PRESENTED BY RICHARD MILLE

 Nacho Ramos and Whitne Fairchild 2. Kelly Rutherford
The event showcased 164 automobiles. 4. The Bridge golf club 5. Jeffrey Einhorn, Bob Rubin and Shamin Abas THE PARTY Built on the site of the historic Bridgehampton Race Circuit, The Bridge golf club united cars and contemporary art at its annual car exhibition in September. The invite-only event was larger this time, showcasing 164 rare automobiles and featuring art from 12 of the world's most renowned galleries. THE SCENE Car and art enthusiasts such as David Muir, Steve Madden, Kelly Rutherford and Lyor Cohen enjoyed a sunny afternoon sampling fine wines selected by Sherry-Lehmann and bites from Smorgasburg, THE HIGHLIGHTS Swiss watch manufacturer Richard Mille premiered the RM 12-01 Tourbillon, which has an innovative manual winding movement, and NetJets showcased a full-size mock-up of the popular Bombandier Challenger. —Abiguil Whittington

The Real Estate Issue 2019 | Bande: | 93

